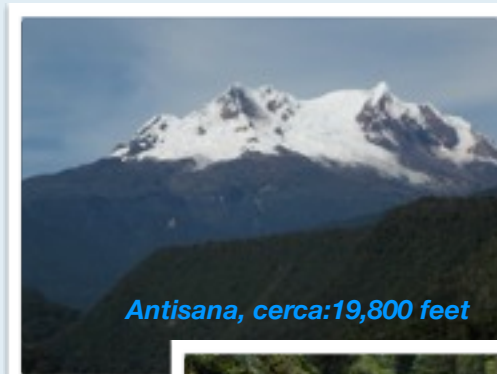


# World Healing Exchange Program Ecuador: March 13th the 27th, 2010

## Acupuncturists Without Borders (AWB) and the Council for Cultural and Biological Diversity (CCBD)



Antisana, cerca:19,800 feet



Hollín River, on route to Napo-Galeras



Andean Cloud forest



Hot springs at Baños



Yacu Yutzu - trusted and respected plant medicine

This World Healing Exchange Program held by Diana Fried, Executive director of Acupuncturists Without Borders, will be co-sponsored and organized in Ecuador by Jonathon Miller W., Director of Fundación OSA (Council for Cultural and Biological Diversity - CCBD), a legally established non profit organization working in Ecuador on ground level rainforest conservation, cultural heritage and environmental education programs in rural regions of coastal, Andean and Amazonian Ecuador. Jonathon, who has prepared the itinerary for this trip, will accompany the journey as a guide and translator.

The villages we will be visiting, and where the *clinics* will be held, are located in regions where Fundación OSA's efforts are being upheld. The first visits are to villages near Tena and on the eastern Side of Napo Galeras National Park where CCBD is initiating a new round of efforts towards biodiversity conservation and environmental awareness. The second region is near Puyo, at the Amazanga village where we have created a 5000-acre biological reserve. And the third is Agua Santa community and other communities such as Kacha, near Riobamba where we have been supporting reforestation efforts since 1995.

Jonathon and his colleagues, some of who we will meet, have long lasting friendships based on years of solidarity with these communities, For these reason the encounters we are to have with indigenous elders and community members will most likely be very meaningful. We will meet genuine and integral elders, concerned youth working towards positive change among their people, local healers and mid-wives.

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Date	day	Activity	Location	Related Web Sites
12/03/10		AWB Training and Early Bird arrivals	Quito, Posada del Maple	<a href="http://www.posadadelmaple.com/">www.posadadelmaple.com/</a>
13/03/10	1	Arrival to Quito, Group meet at Posada del Maple, Afternoon tour of Colonial Quito	Quito, Posada del Maple	<a href="http://www.termaspapallacta.com/">www.termaspapallacta.com/</a>
14/03/10	2	Leave to Papallacta Hot Springs, 2 hrs. Walk in Andean cloud forest and soaking in hot-springs	Papallacta Hotsprings	<a href="http://caipocha.com/tamiayura/">http://caipocha.com/tamiayura/</a>
15/03/10	3	Depart for Tena, 5 hrs, glorious Andean Cloud forest views on route	Tena, sleep at Hosteria Los Helechos	<a href="http://www.jatunsacha.org/texto1.php?id_submenu1=4&amp;id_menu=3&amp;id_submenu2=1">http://www.jatunsacha.org/texto1.php?id_submenu1=4&amp;id_menu=3&amp;id_submenu2=1</a>
16/03/10	4	Clinic 1 - local village and healers, Mamallacta family villages near Archidona and Tena. Visit Tamiayura ethnobotanical gardens Tena.	Tena, sleep at Hosteria Los Helechos	<a href="http://www.sumaco.org/pnsng.html">www.sumaco.org/pnsng.html</a>
17/03/10	5	Clinic 2 - Day trip to Eastern Side of Sumaco Napo-Galeras National Park, 2 hr drive, round trip 4 hr, drive, plus 1 hr walk.	Tena, sleep at Hosteria Los Helechos	<a href="http://www.hosterialoshelehostena.com/index.html">http://www.hosterialoshelehostena.com/index.html</a>
18/03/10	6	Clinic 3 Visit to Llanganati villages and gorgeous swimming in Guayusa Yacu pools. 1 5 hr round trip drive, 30 min walking	Tena, sleep at Hosteria Los Helechos	<a href="http://whc.unesco.org/en/list/260">http://whc.unesco.org/en/list/260</a>
19/03/10	7	Travel to Puyo, aprox 2-3 hours drive, visit Amazanga for an afternoon clinic, Clinic 4, Return to Hotel	Puyo, sleep at Jungle lodge	<a href="http://images.google.com/images?client=safari&amp;rls=en&amp;q=Sangay+National+Park&amp;oe=UTF-8&amp;um=1&amp;ie=UTF-8&amp;ei=BZYzS-">http://images.google.com/images?client=safari&amp;rls=en&amp;q=Sangay+National+Park&amp;oe=UTF-8&amp;um=1&amp;ie=UTF-8&amp;ei=BZYzS-</a>
20/03/10	8	Sunrise Guayusa tea ceremony at Amazanga village for those interested. After breakfast - travel to Rio Tigre Orchid epicenter and on to Baños 2 hrs	Baños at Posada Marques	<a href="http://banios.com/miramelindo/">http://banios.com/miramelindo/</a>
21/03/10	9	Day off to Explore Baños, options for tours, hot springs, waterfalls	Baños at Posada Marques	<a href="http://www.banios.com/marques/">http://www.banios.com/marques/</a>
22/03/10	10	Soak in Hot springs and travel to Riobamba 2.5 hr drive.	Riobamba, at Mission hostel	<a href="http://www.livingbridgesfoundation.org/2009_programP.html">http://www.livingbridgesfoundation.org/2009_programP.html</a>
23/03/10	11	Visit Agua Santa community, Clinic 5 followed by traditional dance and music. 2 hr round trip drive	Riobamba, at Mission hostel	<a href="http://images.google.com/images?client=safari&amp;rls=en&amp;q=Riobamba">http://images.google.com/images?client=safari&amp;rls=en&amp;q=Riobamba</a>
24/03/10	12	Clinic 6 - Visit local community of Kacha and optional walk to sacred mountain of Alacahuan 2 hr round trip drive, 2 hr walk.	Riobamba, at Mission hostel	<a href="http://www.exploringecuador.com/espanol/sierra/riobamba/articulos/chimborazo_cacha.htm">http://www.exploringecuador.com/espanol/sierra/riobamba/articulos/chimborazo_cacha.htm</a>
25/03/10	13	Departure to Quito, Volcanoes, 4 hr drive, Cotopaxi volcan	Quito, Posada del Maple	<a href="http://www.sacredearth-travel.com/features/ecoandes/ecuador/altar.gif">http://www.sacredearth-travel.com/features/ecoandes/ecuador/altar.gif</a>
26/03/10	14	Departure for US		<a href="http://www.quitoeterno.org/engmain.htm">http://www.quitoeterno.org/engmain.htm</a>
27/03/10		Late departures		

For more info please contact Diana Fried, Acupuncturists Without Borders, Tel. (505) 266-3878, email: [diana.fried@gmail.com](mailto:diana.fried@gmail.com)